

**Dear Dr. Psych,**

**How does psychology affect people on a daily basis?**

**- Kalila, Brookline, Massachusetts**

*Psychology is the study of behavior and mental functions. In short, lots of daily rituals could be classified under psychology, such as writing first person, since you are trying to figure out what is/was going on in their mind. Depending on where you go to school your profession, and your personality you might use the science as a tool more or less often than someone else.*

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**Dear Dr. Psych,**

**Would “Which came first, the chicken or the egg?” be a psychological question?**

**- Chandra, Sioux Falls, South Dakota**

*A psychological question would be used by a psychologist to study the inner workings of a mind. A psychological question could be: “How could 10 people all see the same illusion?”, thus “Which came first, the chicken or the egg?” is not a psychological question.*

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**Dear Dr. Psych,**

**Is psychology strictly a science? If so, why? It all seems to revolve around theories.**

**- Pierre, Little Rock, Arkansas**

*Psychology is a science, even though there are theories intertwined in the core. There are psychological discoveries that unearth factual information, if you are implying otherwise. In fact, psychology is even a profession some people get into.*

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**Dear Dr. Psych,**

**Are there categories in psychology that you can study, like child or adult?**

**- James, Juneau, Alaska**

*Yes, there are categories, but not child and adult. The basic categories are: Abnormal, Biological, Cognitive, Comparative, Cultural, Differential, Developmental, Evolutionary, Experimental, Mathematical, Neuropsychology, Personality, Positive, Quantitative, and Social.*

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**Dear Dr. Psych,**

**Can you major in psychology?**

**- Catherine, Olympia, Washington**

*You can major in psychology, however it all depends on the college that you want to go to. Some may not offer psychology, so if that is what you are majoring in, it may be the deciding factor.*